

Outgoing mobility for me? *why not!*

Mobility: a springboard to learning and inclusion for young people



Accessible, inclusive and educational mobility opportunities before, during and after departure.

DISCOVERING OTHER CULTURES



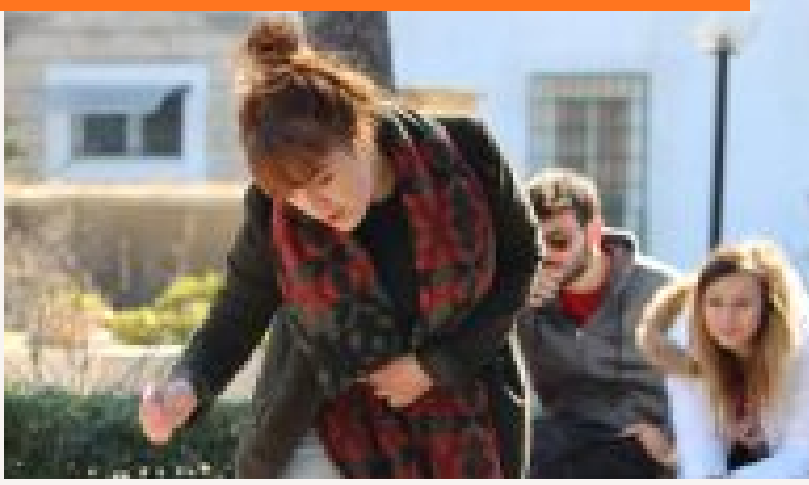
Activities that enable participants to discover the host society and immerse themselves in it broaden their horizons and promote diversity.

IMPROVEMENT IN FOREIGN LANGUAGES



Going abroad allows participants to improve their foreign languages (German, English, Arabic, etc.) and teaches them how to adapt to different audiences.

GAIN SELF-CONFIDENCE



Living in a new country forces participants to learn how to manage their daily lives, take initiative and overcome challenges, which boosts their self-confidence and independence!

DEVELOPING SKILLS THAT IMPROVE INCLUSION AND EMPLOYABILITY



The activities carried out during the mobility periods enable participants to develop digital skills by creating videos and writing articles about the host association's projects, to develop project management skills by organising activities for children, and to develop the ability to work in an intercultural team with other young people as well as with the members and youth workers of the host association.

All these skills improve professional and social inclusion!

RECEIVE SUPPORT BEFORE AND AFTER MOBILITY



AMSED offers support and guidance to help young people make the most of the skills and knowledge they have acquired through mobility programmes, with a view to furthering their educational and professional goals.

video testimonials:

